

SATURDAY 11/19 SESSIONS AT A GLANCE

Doors open 8:15; Welcome 9:00 – 9:15; Keynote & activity about pride in diversity 9:15 – 9:45

	1 Emotional Wellbeing & Mental Health	1 Emotional Wellbeing & Mental Health	2 LGBTQ+ & Allies	3 Autism / Learning Differences / School	4 Multicultural Identity, Diversity & Inclusion	5 Human Rights, Political Repression, Support
Parallel Session 1 10:00 – 11:00	Sarah Pearlz, School Psychologist, North Clackamas School District (Zoom) 'Stress: How Do I Feel About It, and How to Make it Work for Me'	Andrea Carlson, Associate Professor, Aichi Prefectural University; Raiha Urabe, Graduate Student, Aichi Prefectural University 'What Do Teenagers and Young People Worry About?'	Seiko Matsuoka, Director, ASTA (Presentation & Human Library) 'How ASTA Fosters Understanding and Inclusion of the LGBTQ+ Community through Education'	Yoshimi Okubo , Kozoji New Town Oya no Kai; Naoki Sawai, Connect Spot; Mie Omura, Machiai-shitsu 'Sharing Experiences of School Non-Attendance (A guided discussion)	Marcio Saiki, Photographer 'A Viewpoint on Discrimination and the Brazilian Community Living in Japan'	Maho Hidaka, Coordinator; Sumire Kanda, Employment Project Advisor, DAN 'Refugees living in Japan and Activities of Door to Asylum Nagoya (DAN)'
Parallel Session 2 11:15 – 12:15	Haley Waggener, Kansai Outreach Coordinator, TELL 'Building Healthy Relationships: Healthy vs. Unhealthy Relationships and Preventing Violence'	Koji Nakamura, Company Employee; Takeshi Naruse, Director, Appleseed (Human Library) 'Living in Japan as a Japanese person who is not good at communicating in Japanese'	Ibuki Shibaya, Director, AIMO 'Creating a New Space for LGBTQ+ English-Language Speakers and Allies'	Dr. Maria Vassileva, Associate Professor, Nagoya University (Human Library) 'Why we chose the Aichi Steiner School for our Native Japanese-proficient Daughter'	Nina Radcliffe, PYP Coordinator, Nagoya International School 'Fostering Belonging with Multicultural Identities'	Shibobu Mukai, Talayoshi Endo, Kenichiro Yagi, Koyumi Ito, Tatsuya Ota, Food Support for Refugees, 'Refugee Assistance and Efforts in Providing Food Assistance to Refugees'
Parallel Session 3 13:00 – 14:00	Haley Waggener, Kansai Outreach Coordinator, TELL 'Suicide Awareness and Prevention: An Overview'		Tulika Bathija, EAL/English Secondary Teacher, Nagoya International School; Umico Niwa, Artist; Andrea Carlson, Associate Professor, Aichi Prefectural University 'What Does an LGBTQ+ Diversity-affirming School Look Like?'	Eugene Ryan, Associate Professor, Toyohashi University of Technology 'Autism, Communication, and Role-playing Games'	Josh Brunotte, Lecturer, Aichi Prefectural University; Anqi Hu, Assistant Professor, Ibaraki University 'Promoting Better Relationships with Japan's Culturally Diverse Community through Vicarious Contact'	Fraidoon Farzad, 'Outcome of Conflict in Afghanistan: Our Journey from Public Servants to Asylum-Seekers' Razia Joya, Graduate student, Nagoya University 'Fighting for the Rights of Women and Girls in Afghanistan'
Parallel Session 4 15:30 – 16:30	Saya Niwa, Marie Curie ITN Early-Stage Researcher, PhD Fellow, Wroclaw Medical University (Zoom), 'Practical CBT (Cognitive Behavioural Therapy) Techniques to Manage Anxiety and Low Mood'	Dr. Maria Vassileva, Associate Professor, Nagoya University 'Is Nutrition Important for Your Mental Well-being?'		Francis Saez, Learning Support Secondary Teacher, Nagoya International School 'A Guided Discussion about Dyslexia & Learning Differences'	Kinota Braithwaite, Anti-Racism, Anti-Bullying, Author & Youth Speaker, 'Battling Racism and Bullying through Books'	Mehmouh Majdazari, Graduate Student, University of Tübingen/Aichi Prefectural University 'Dealing With the Current Profests in Iran as a German-Iranian Graduate Student in Japan'

14:15 – 15:15: 'Interesting people doing important things' tables in the cafeteria - among others:
 ▪ TELL, ASTA, AIMO, DAN, Futoko NPOs, Dive TV Brazilian youth group (clothing line), Appleseed, DV NPO, and more...
 16:45 – 17:30 Panel discussion and group activity